

2016 SEC SWIMMING AND DIVING CHAMPIONSHIPS

February 16-20 • Columbia, Mo. • Mizzou Aquatic Center Day Four Quotes and Notes

Hali Flickinger (Georgia), Women's 200 Fly

"I had a time in mind. I just tried to race- it's what SECs are all about. I always watch Megan (Kingsley) because she has the best underwaters. It's always great having Georgia people next to me both for nerves and because we know how the other one swims. It's always nice to have another Georgia cap."

Hugo Morris (Auburn), Men's 200 Fly

"Coming out to the blocks, I just wanted to turn my brain off and do what I've been training to do. The whole thing was a blur. I remember turning at 150 and thinking, 'man, I could win this.' I just put my head down after that and went for it."

Olivia Smoliga (Georgia), Women's 100 Back

"I felt good, surprisingly. It was a little tough to warm up this morning. After a day off yesterday, I had to do a longer warm up. As a team, our entire mentality changed in terms of the team standings. We are fired up and ready to race. A lot of girls stepped up to the plate and we are still in it."

Connor Osling (Alabama), Men's 100 Back

"Usually I try and go the first 25 easy speed and then work that middle 50 -- 21.3 is a little quick going out. I kind of died at the end there but I'm still happy with my race and happy with the time."

Katharine Ross (Missouri), Women's 100 Breast

"I didn't necessarily expect to drop time here but being in a home pool is a huge advantage to me. I'm getting away from the whole mentality that you have to be rested to swim fast, so being able to hit my goals every meet wherever I'm at is big."

Michael Duderstadt (Auburn), Men's 100 Breast

"All this hard work that has built up and it finally comes down to one moment. The only reason I knew I had touched first is because I looked over at the team and they were going nuts."

Mauricio Robles (Tennessee), Men's Platform

"It was incredible, I'm very happy. I won it freshman year and I haven't been on the podium the last two years. I'm just really excited, really happy."

SEC Records

- Men's 200 Fly Hugo Morris (1:40.69)
- Men's 400 Medley Relay Florida (3:03.86)

Mizzou Aquatic Center Records

- Women's 200 Fly Hali Flickinger (1:52.33)
- Men's 200 Fly Hugo Morris (1:40.69)
- Women's 100 Back Olivia Smoliga (50.80)
- Men's 100 Back Connor Osling (45.25)
- Women's 400 Medley Relay Texas A&M (3:30.15)
- Men's 400 Medley Relay Florida (3:03.86)

Winners By School (Through Day Three)

Florida (9) - Kahlia Warner (Women's 1-Meter, Women's 3-Meter); Men's 200 Medley Relay; Men's 800 Free Relay; Pawel Werner (Men's 500 Free); Caeleb Dressel (Men's 50 Free, Men's 100 Fly); Men's 200 Free Relay; Men's 400 Medley Relay

Georgia (8) - Women's 800 Free Relay; Brittany MacLean (Women's 500 Free, Women's 200 Free); Olivia Smoliga (Women's 50 Free, Women's 100 Back); Jay Litherland (Men's 400 IM); Matias Koski (Men's 200 Free); Hali Flickinger (Women's 200 Fly)

Texas A&M (5) - Sam Thornton (Men's 3-Meter); Lisa Bratton (Women's 200 IM); Sydney Pickrem (Women's 400 IM); Sarah Gibson (Women's 100 Fly); Women's 400 Medley Relay

Tennessee (4) - Women's 200 Medley Relay; Mauricio Robles (Men's 1-Meter, Men's Platform); Women's 200 Free Relay

Auburn (3) - Joe Patching (Men's 200 IM); Hugo Morris (Men's 200 Fly); Michael Duderstadt (Men's 100 Breast)

Alabama (1) - Connor Osling (Men's 100 Back)

Missouri (1) - Katharine Ross (Women's 100 Breast)

Team Notes

Alabama - Connor Osling claimed the men's 100 back for the second year in a row.

Alabama - Hugo Morris became the first Auburn swimmer to win the men's 200 fly since Jeremy Knowles in 2004.

Georgia - Hali Flickinger set a pool record, finishing in 1:52.62 ... Her win was the fifth overall in the event for Georgia ... Olivia Smoliga's win was her second consecutive in the 100 backstroke and Georgia's sixth overall ... Smoliga also claimed the 50 freestyle earlier in the meet.

Missouri - Katharine Ross won Mizzou's first-ever SEC swimming title ... Ross (100 breast) and Hannah Stevens (100 back) both set new school marks on Friday.

Tennessee - Kira Toussaint broke Tennessee's 100 back record with a 50.85 in prelims ... Mauricio Robles became the first Tennessee diver to win two titles at one Championships since Ryan Helms in 2012.